



25TH ANNUAL CONFERENCE OF
**UTTAR PRADESH
DIABETES ASSOCIATION**



9th to 11th
OCTOBER 2026



TAJ PALACE, LUCKNOW
VIBHUTI KHAND, GOMTINAGAR,



WELCOME MESSAGE

Welcome to the Silver Jubilee Celebration – 25th Annual Conference of UPDA (UPDACON 2026)

Dear Distinguished Delegates,

It gives us immense pleasure to welcome you to the historic **25th Annual Conference of the Uttar Pradesh Diabetes Association**. This landmark occasion marks a proud Silver Jubilee journey of dedication, innovation, and excellence in diabetes care.

Over the past twenty-five years, UPDA has evolved into a strong academic and professional community committed to advancing diabetes awareness, research, and patient care across the state. This conference stands as a tribute to the collective efforts of healthcare professionals who continue to inspire progress in diabetology.

UPDACON 2026 brings together renowned experts, clinicians, researchers, and young practitioners for enriching scientific discussions, insightful keynote sessions, interactive workshops, and the latest updates in diabetes management and treatment.

Beyond academics, this conference also offers a wonderful platform to reconnect with colleagues, build new collaborations, and celebrate our shared commitment toward better healthcare outcomes.

We are delighted to host you and hope your experience at this Silver Jubilee Conference is both professionally rewarding and personally memorable.

With warm regards,

Organizing Committee

25th Annual Conference of UPDA (UPDACON 2026)



ORGANISING COMMITTEE



PROF. ANUJ MAHESHWARI
ORGANIZING CHAIRMAN



DR. NANAK SARAN
SCIENTIFIC CHAIRMAN



PROF. NARSINGH VERMA
SCIENTIFIC CO-CHAIRMAN



DR. ABHISHEK ARUN
ORGANIZING SECRETARY



DR. MANOJ SRIVASTAVA
PRESIDENT UPDA



DR. SAURABH SRIVASTAVA
SECRETARY UPDA



DR. SHIVAM VERMA
JOINT ORGANIZING SECRETARY



DR. AMITESH AGARWAL
TREASURER UPDA

हमारा लखनऊ



01



Bara Imambara, Lucknow

The magnificent Bara Imambara was built in 1784 by Nawab Asaf-ud-Daula during a severe famine in Awadh. The project was initiated to provide employment to thousands of people, helping them earn a livelihood during difficult times. Today, it is renowned for its grand central hall and the famous Bhul Bhulaiya (labyrinth), making it one of Lucknow's most iconic landmarks.



02



Chota Imambara, Lucknow

During the Revolt of 1857, Chota Imambara witnessed significant military activity as Lucknow emerged as one of the most important centers of resistance against British rule. The city experienced fierce battles and widespread unrest, but the monument survived these turbulent events. Today, Chota Imambara stands as a remarkable symbol of Awadhi architecture, cultural heritage, and the resilience of Lucknow's historic legacy.



03



Ambedkar Park, Lucknow

A notable incident associated with Ambedkar Park occurred during its construction, when the project sparked widespread public and political debate over its high cost and the installation of numerous statues and monuments. Despite the controversy, the park was completed and has since become one of Lucknow's most prominent landmarks, attracting visitors for its grand architecture and cultural significance.



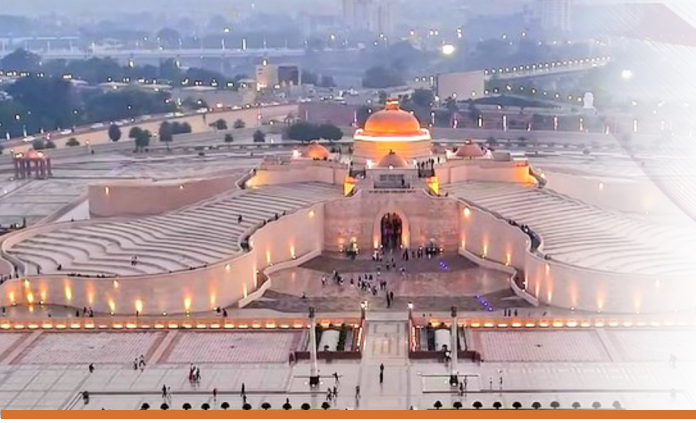
04



Residency, Lucknow

One of the most significant incidents associated with the Residency was the Siege of Lucknow during the Revolt of 1857. The Residency served as a British stronghold and was surrounded by rebel forces for several months. The intense battles caused heavy damage to the complex, and many lives were lost. Today, its preserved ruins stand as a powerful reminder of one of the most important events in India's First War of Independence.





हमारा लखनऊ

05



Rashtriya Prerna Sthal, Lucknow

A notable incident associated with Rashtriya Prerna Sthal occurred during its development, when the project became a subject of public and political discussion due to its scale and expenditure. Despite the debate, the memorial was completed and now serves as a tribute to prominent social reformers and leaders, attracting visitors interested in history, culture, and social justice.



06



Fragrance Park, Lucknow

A notable incident associated with Fragrance Park is its development as a unique urban green space dedicated to aromatic and medicinal plants. The park gained attention for promoting environmental awareness and biodiversity conservation, making it a popular destination for nature lovers, students, and visitors seeking a peaceful recreational space in Lucknow.

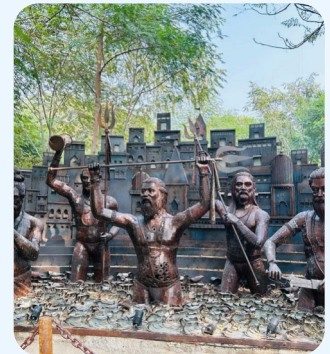


07



UP DARSHAN Park, Lucknow

A notable event associated with UP Darshan Park is its establishment as a unique attraction showcasing miniature replicas of Uttar Pradesh's famous historical and cultural landmarks. The park quickly gained popularity among tourists and residents, offering visitors an opportunity to explore the state's rich heritage and architectural diversity in one place.

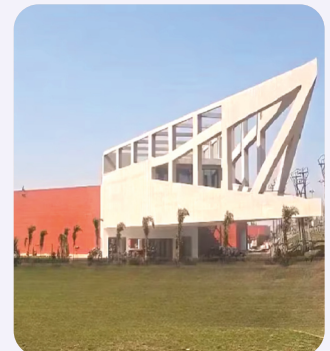


08



Museums Heritage & Art, Lucknow

A notable event associated with Lucknow's museums, heritage, and art spaces is their continuous role in preserving and showcasing the city's rich Nawabi culture, historical artifacts, and artistic traditions. These institutions have become important centers for education and cultural awareness, attracting visitors, researchers, and history enthusiasts from across the country.



CONFERENCE HIGHLIGHTS

Engage with renowned experts, participate in insightful discussions, and explore the latest advancements in science.

WHY ATTEND?



Inspiring keynote lectures by eminent faculty



Interactive panel discussions & workshops



Research paper & poster presentations



Networking with leading professionals



Cultural evening celebrating Lucknow's heritage

**MASLD:
The Diabetes
Risk Equivalent**

**Non Proteinuric
DKD: The
Biomarkers**

**Sarcopenia &
Diabetes–The
Vicious Cycle**

**Technology
in Diabetes**

**Insulin Pumps
for Every Type
1 Diabetes**

**Foot Care
Workshop**

**Bonehealth
in Diabetes**

**Non Diabetic
Hypoglycaemia
& Hyperglycaemia**

**Diabetes
in Young**

**Obesity
Workshop**

**Precision
Diabetes**

REGISTRATION FORM

Title:
Participant Name:
Organization / Hospital Name:
Communication Address:
City: State:
Country: Postal Code:
Mobile Number: Email Address:
Gender: Meal Preference: Registration Category
Accompanying Guest 1:
Accompanying Guest 2:

RESIDENTIAL PACKAGE (Conference registration with 2-night stay and meal plan at Hilton Lucknow)		
Category		Amount
A1	UPDA Member Twin Sharing	₹35,000
A2	UPDA Member Single	₹30,000
A3	Non-UPDA Member Twin Sharing	₹40,000
A4	Non-UPDA Member Single	₹32,000

B NON-RESIDENTIAL PACKAGE (Conference registration only)		
Category		Amount
B1	UPDA Member	₹10,000
B2	Non-UPDA Member	₹12,000
B3	Accompanying Person	₹5,000
B4	PG Student	₹2,000

~ PAYMENT INFORMATION ~

Payment can be made through: • **Cash** • **Net Banking** • **Demand Draft** • **Cheque**

DD/Cheque should be issued in favor of: Uttar Pradesh Diabetes Association

Amount (in words):

Paid Amount:

Authorized Signature:

Important Notes:

Additional GST 18% will be applicable (9% CGST + 9% SGST)

The registration fee does not include travel expenses, insurance, sightseeing, accommodation upgrades, and airport transfers.

ABOUT THE VENUE

Dear Esteemed Delegates, Faculty, and Partners,

We are thrilled to announce a significant update for the upcoming **UPDACON 2026** conference. In our commitment to providing an unparalleled academic and networking experience, this year's annual conference will be hosted at the newly launched, ultra-luxury property — **Taj Palace, Lucknow, Vibhuti Khand, Gomti Nagar**.

Situated in Lucknow's most affluent corporate and commercial hub, this striking, ultra-modern property brings world-class architectural sophistication and elite luxury to the city. Located in the heart of the posh Vibhuti Khand area (conveniently near Indira Gandhi Pratishthan), it features expansive, state-of-the-art convention spaces, pristine outdoor layouts, and world-class hospitality tailored perfectly for our scientific programming.



CONFERENCE SECRETARIAT

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Conference Manager



CONFERENCE | EXHIBITION | PRODUCTION

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